



# West Irondequoit Central School District

321 LIST AVENUE  
ROCHESTER, NEW YORK 14617  
Telephone: (585) 342-5500  
FAX: (585) 266-1556  
[www.westirondequoit.org](http://www.westirondequoit.org)

## WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Usually, the best place for them is in school, but there are times when keeping them home to rest or call for an appointment with your health care provider is recommended.

**Please keep your child home and/or contact your child's doctor for:**

- Fever greater than 100.4" (taken by mouth)
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucous (liquid) from their nose, with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever

If your child has a fever, it's not a good idea to give them medicine such as Tylenol/Advil and send them to school because as soon as the medicine wears off, the fever may return and you'll be called to pick up your child. **Please keep children home for 24 hours after the fever ends or they've completed 24 hours of medication, if prescribed by your health care provider.**

If you find your child is frequently asking to stay home, if they are falling behind or appear anxious about school, or if there doesn't appear to be any physical symptoms, contact your school nurse & healthcare provider to discuss concerns.

Remind children to throw away used tissues, cover their mouths when they cough or sneeze, keep their hands away from their face, and to wash hands often with soap and warm water will help keep everyone healthier. Please call us with any concerns or questions.

<b>Nurse</b>	<b>School</b>
<b>Phone#</b> <b>Fax#</b>	<b>Email</b>

**Dr. Larry Denk MD**  
**WICSD Medical Director**

**MaryLou Popolizio NP**  
**WICSD Nurse Practitioner**